

The
“How to do”
little book



Bath shelf “Xtreme” for less than 35 €

created, edited, and produced by m. sala

First digital edition

This work is protected by copyright laws

Any duplication, even partial unauthorized, is forbidden.

For information and requests for authorization to partially publish extracts from this text, contact the author by sending a written request to the email address:

contactme@architecture.today

copyright © 2017 mauro sala

Presentation

Some notes on the author



My name is Mauro Sala, I am an extremely curious person and, due or thanks to this characteristic feature of mine, I have always tried to understand why objects that impacted with my senses were not only as they appeared but also and above all how they could be made "inside" and how they were made.

I remember, and I was told in subsequent years with a tone of benevolent reproach, which not only assailed my mother with a thousand questions about everything I saw with particular interest in the function, the material with which the objects were made, and why they worked and had to be used in a certain way, but also and above all because, taken by the desire to know "what's inside", sometimes (see the specific case of the alarm clock) I exceeded the limit of my knowledge first working techniques and objects became clusters of small, insignificant pieces, although appreciable from a purely aesthetic point of view.



Apart from the aforementioned anecdote, this peculiarity subsequently allowed me, repaying my mother for the patience lavished in previous years, to solve a large number of domestic problems.

Now I think it is time to make available knowledge and little tricks, acquired in years and years of field lessons, with whom, believing to have a minimum of manual skills, have the desire to try their hand in the creation of everyday objects designed and executed by me as a prototype.

Having achieved a degree in architecture what is proposed in this mini-guide, as in others that I intend to publish, is the result of original ideas born from the need to respond in a practical way to personal "needs". Each object is the result of a process that comes to life from an idea, is translated into drawings, made as a prototype, modified during execution and presented as an executive project.

Chapter 1

Introduction

This project, just like other projects I've made, was the answer to personal needs or my wife's needs. Some years ago we relocate in a new house. We knew it wasn't our final destination so there was no need to spend a lot of money to buy new furniture even if we need it.

In every house, and in our's too, bathroom is a place where it needs furniture to store a great number of personal-care items, towels and other daily-use objects.

The answer was the shelf I've thought, designed and build named "**Xtreme**" because it's characterized by very simple lines, few number of pieces and a very simple production phases.

This object may be a good and cheap alternative to factory bath furniture for the following reasons:

- it has really low production costs,
- requires a limited number of tools;
- it has limited production times;
- construction does not require particular practical abilities;
- it's a great solution for small places because it has minimal dimensions.

That said, take a look at the result and decide whether or not to proceed with the execution.



Chapter 4

Step by step assembly instructions

STEP ONE

Take 2 of the smooth plank planed timber and cut them using the dimensions showed in the picture below (red line is cut line), in order to obtain two couple of items.



STEP TWO

Take two other smooth plank planed timber and cut them using the dimensions showed in the picture below (red line is cut line), in order to obtain two couple of items

